

Viewing and Discussion Guide – Episode 1

Janae – Jesus Healed My Eternal Family

Janae's Mormon Experience

1. How would you describe Janae's childhood, adolescence, and adult years? What aspects of Mormon doctrine/culture shaped her view of herself and God in those seasons of life?

Childhood

Adolescence

Adult Years

2. When did Janae first start to question Mormonism? What caused her initial doubts?

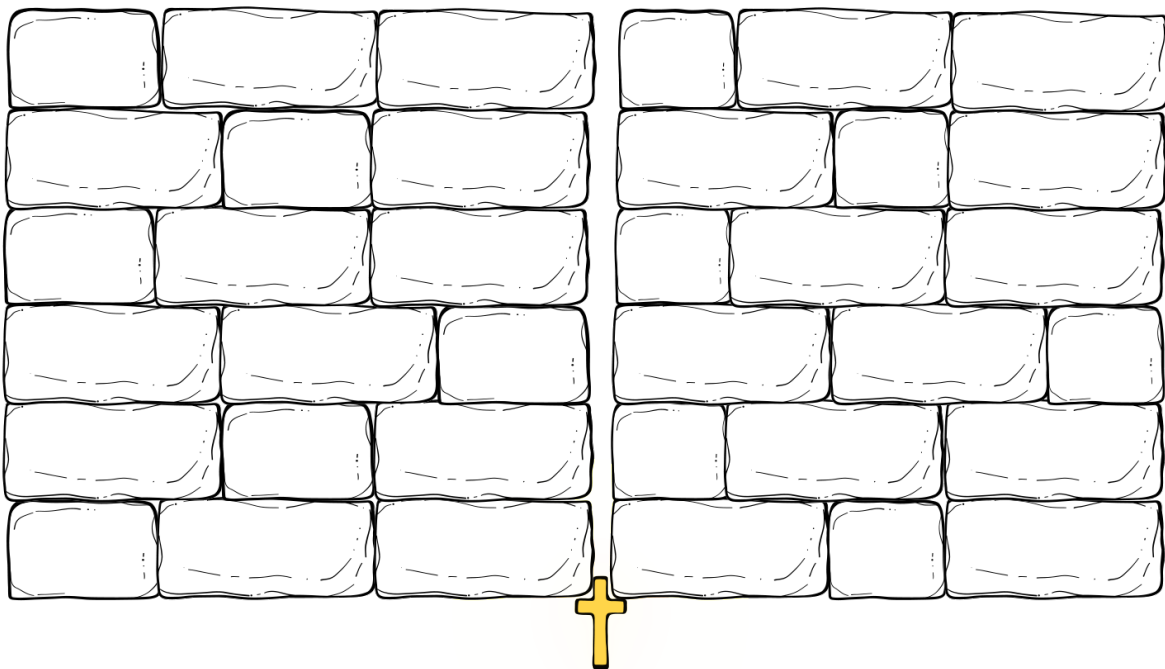
3. What were Janae's primary stress points related to Mormonism? What issues went on her "shelf"? What questions or comments do you have about Janae's shelf items?



4. What factors or influences kept Janae connected to the Mormon church and culture?
5. What was Janae's ultimate "shelf-breaking" moment? How did Janae respond when her shelf collapsed?

Finding Truth in the Bible and Confidence in Christ

6. What Bible passages or stories opened Janae's eyes to see the truth? Why were they so impactful?
7. What biblical truths provided "rest points" or faith "foundation blocks" for Janae?



8. How did Janae's view of herself and God change over time? What did she learn about his sinfulness and God's grace?

9. Based on her story, how do you think Janae would answer the question: "What does the phase 'Jesus is enough' mean for you?"

Biblical Christian Interactions and Influences

10. What role did Christians play in Janae's faith journey? What lessons can we learn from those Christian interactions—both positively and negatively?

11. How did **Christian resources and content** such as images, music, books, or podcasts play a role in Janae's faith journey? What lessons can we learn from how God used those in her story?

Applying

12. What Mormon **doctrines and practices** brought up in Janae's story were most confusing to you? What questions or comments do you have about those?
13. What **themes** in Janae's story stood out to you most? How could you address those themes in a conversation with a Mormon friend or family member?
14. What **similarities/differences** did you see between Janae's story and others in this series? What do you make of those similarities and differences?
15. Which of Janae's **experiences** could you relate to most? Why?
16. Which of Janae's "**shelf items**" do you think would be impactful to place on other Mormon shelves? How could you bring those up in conversation and use them to provide a rest point?
17. What **key takeaway(s)** for witnessing do you want to remember from Janae's story?